

NATIONAL DEAF TOURNAMENT

ARTICLE 1: NATIONAL TOURNAMENT GUIDELINES

SECTION 1: MEMBERSHIP

- 1.1 The charter members of the National Tournaments are: California School for the Deaf, California School for the Deaf-Riverside, Indiana School for the Deaf, Maryland School for the Deaf, Model Secondary School for the Deaf, and Texas School for the Deaf.
- 1.2 The number of teams may vary at each tournament, and is based on the host school's ability to provide lodging to participants. Non-member schools may be invited to fill available bracket spots during each tournament.
- 1.3 Invited non-charter schools must be pre-approved by the charter school athletic directors.
- 1.4 A charter school cannot be denied participation in any tournament at any time. If a dispute arises, the NDIAA board will determine the final outcome.
- 1.5 The host school must send out an email seeking interested teams through NDIAA's email list.
- 1.6 Charter schools will rotate hosting national tournaments. An exception may be made with the approval of all charter school athletic directors. Non-charter schools may submit bids to host tournaments during NDIAA athletic director conferences.

SECTION 2: TOURNAMENT DATES

- 2.1 Spike-Out shall be held annually during the first weekend of October, unless it conflicts with a religious holiday, in which event it shall be held the weekend before or after the holiday.
- 2.2 Clerc Classic shall be held annually during the third weekend of January (Martin Luther King Weekend).
- 2.3 Willigan shall be held annually during any weekend in January except Martin Luther King Weekend; it is preferred that Willigan be held the weekend after Clerc Classic.

- 2.4 Berg Seeger Classic shall be held annually during the third weekend of April, unless the third weekend conflicts with the Easter holiday. If this occurs, Berg Seeger Classic shall be held during a different weekend.
- 2.5 Hoy shall be held annually during the fourth weekend of April, unless the third weekend conflicts with the Easter holiday. Hoy shall be held during a different weekend.
- 2.6 Berg Seeger and Hoy may be held during the same weekend only if both are held at the same location by the same host school. Additionally, both tournaments shall not conflict with the Gallaudet University Academic Bowl event whenever possible.

SECTION 3: SANCTIONING

- 3.1 The host school will ensure that the tournament is sanctioned by the National Federation of High School Association (www.nfhs.org/Sanctioning/). This must be done at least a month in advance, preferably two.

SECTION 4: ELIGIBILITY

- 4.1 Division 1: Only 9th through 12th graders are eligible to participate in any national tournament. This remains true even if students have a waiver from their state.

Division 2: Players may be middle school and high school students, and/or be fifth-year players.
- 4.2 Division 1: Each athlete may participate in each national tournament up to four times.

Division 2: Each athlete may participate in each national tournament more than four times.

SECTION 5: FEES

- 5.1 All tournaments have an entry fee of \$500 per team per gender, except for Clerc Classic, which has a fee of \$750 per team, and Berg Seeger, which has a fee of \$30 per individual, including coaches and chaperones.
- 5.2 A check for all fees shall be sent to the host school's athletic director by the host school's deadline.

Tournament	Fee	Notes
Berg-Seeger (Track & Field)	\$30 per individual	Individuals include coaches and chaperones
Clerc Classic (Basketball)	\$750 per team per gender	
Hoy (Baseball/Softball)	\$500 per team per gender	
Spike-Out (Volleyball)	\$500 per team	
Willigan (Wrestling)	\$500 per team	

SECTION 6: OPENING CEREMONY/COACHES AND ATHLETIC DIRECTORS MEETING

- 6.1 The host school shall determine the schedule and logistics for the opening ceremony. No competition shall take place during this event.
- 6.2 The host school shall hold a pre-tournament coaches/athletic directors meeting to discuss national tournament scheduling and logistics.
- 6.3 The host school shall have a post-tournament athletic director/designee-only meeting to discuss pre-seeding, concerns, and any other information for the next year.
- 6.4 Any and all changes to the tournament guidelines must be unanimously approved only by charter school athletic directors. Coaches may make recommendations to their athletic directors, but not vote.
- 6.5 Any changes to these national tournament guidelines will take effect at the next tournament.

SECTION 7: PERSONNEL

- 7.1 The host school shall provide at least one athletic trainers for all games. Two athletic trainers may be necessary if games are held at separate locations.
- 7.2 The host school must provide night attendants for other teams.
- 7.3 Each participating school must send an athletic or administrator designee.
- 7.4 The host school is expected to provide certified officials who are certified by the host school's state association.

- 7.5 If the certified officials cannot sign fluently, the host school must provide qualified interpreters for them.

SECTION 8: LOGISTICS

- 8.1 The host school is responsible for providing meals to all participating teams.
- 8.2 The host school is responsible for preparing the hospitality room or area for all coaches, game personnel, tournament committee, and officials.
- 8.3 The host school is responsible for providing transportation to and from airports.
- 8.4 The host school is responsible for providing lodging to participating teams.
- 8.5 The host school is encouraged to provide tournament t-shirts to all participants, and at least one program book per participating school.
- 8.6 The host school is responsible for providing a 3' x 3' championship banner in addition to tournament-specific awards (see sport-specific tournament guidelines).

SECTION 9: COMMUNICATION

- 9.1 The host school is responsible for the following tasks at least a month in advance of the tournament, and communicating with each school:
- Sending the visiting team workbook (including school information, transportation, meal arrangements, team rosters, list of participants and t-shirt sizes, etc.)
 - Disseminating general tournament information
 - Providing a transportation schedule for the times of pick up/drop off from/to the school/airport.
 - Creating a tournament webpage on the host school's website.

ARTICLE 2: SPIKE-OUT TOURNAMENT GUIDELINES

SECTION 1: NUMBERS OF TEAMS

- 1.1 There is no limit to the number of teams that can participate. Depending on the availability of housing and facility space, there is no maximum number of teams the host school may invite; however, no junior varsity team may participate. The host school may also set up two separate tournaments for Division 1 and 2 schools.

SECTION 2: PARTICIPANT LIMITS

- 2.1 Each school is allowed to bring up to 16 people. If any school wishes to bring an athletic trainer as its 17th person, approval must be first obtained from the host school.

Participants may include:

- 14 is the maximum number allowed on the team bench, but each team may not exceed 10 players.
- 1 chaperone/bus driver or designated staff
- 1 athletic director or designated staff

SECTION 3: TOURNAMENT FORMAT

- 3.1 The tournament format will be determined based on the number of teams.

- **4-6 teams:**

- Round robin format
- Best two of three sets
 - Sets will start at 4 points and cap at 25 points.
 - The third set will be played with a cap of 15 points.
- Seeding is based on round robin results.
- Single-elimination play-off determines final placement.
- All single elimination matches shall be played with the best two of three sets.
 - Sets will be played to 25 points and won by 2 points with no cap.
 - The third set will be played to 15 points and won by 2 points with no cap.

- **7 teams:**

- Round robin format
- Two sets per match
- Sets shall start at 4 points and cap at 25 points.
- Seeding is based on round robin results.
- Single-elimination play-off
 - All single elimination matches will be the best two of three sets.

- Sets will be played to 25 points and won by 2 points with no cap.
 - The third set will be played to 15 points and won by 2 points with no cap.
- **8 teams:**
 - Two pool plays
 - Best two of three sets
 - Sets will start at 4 points and cap at 25 points.
 - The third set will be played to 15 points and cap at 15 points.
 - Seeding is based on pool play record.
 - Single elimination play-off will determine final placement using cross-pool match-ups.
 - All single elimination matches will be the best two of three sets.
 - Sets will be played to 25 points and won by 2 points with no cap.
 - The third set will be played to 15 points and won by 2 points with no cap.
- **9 teams:**
 - Three pool plays
 - Best two of three sets
 - Sets shall start at 4 points and cap at 25 points.
 - The third set shall be played to 15 points with a cap of 15 points.
 - Seeding is based on pool play record.
 - Single elimination play-off will determine final placement using cross-pool match-ups.
 - All single elimination matches shall be the best of two sets.
 - Sets will be played to 25 points and won by 2 points with no cap.
 - The third set will be played to 15 points and won by 2 points with no cap.
- **10 teams:**
 - Two pool plays
 - Best two of three sets
 - Sets will start at 4 points and cap at 25 points. The third set will be played to and cap at 15 points.
 - Seeding is based on pool play record.
 - Single elimination play-off will determine final placement using cross-pool match-ups
 - All single elimination matches shall be the best two-of-three sets.
 - Sets will be played to 25 points and won by 2 points with no cap.
 - The third set will be played to 15 points and won by 2 points with no cap.

3.2 In the event of a tie, decisions will be based on the following steps, in order:

1. Each team's overall match record.
2. Head-to-head match.
3. Number of games lost.

4. Point differential in games between tied teams.
5. Coin toss.

3.3 Each team will play at least two matches during the second day of tournament play.

SECTION 4: AWARDS

- 4.1 The host school shall present the following awards immediately following the championship match:
- Team trophies for first through third places
 - Individual medals (14) to each member of the championship team, including coaches and managers
 - Individual awards for players selected to the all-tournament team:
 - *Five teams or fewer*: six all tournament medals
 - *Six teams or more*: ten all tournament medals
 - One championship team banner (3 'x 3') with the Spike-Out logo

SECTION 5: GAME PERSONNEL/OFFICIALS

- 5.1 The host school shall provide the following adult personnel per match:
- 2 officials per match
 - 1 scorekeeper
 - 1 libero tracker
 - 1 scoreboard operator
 - 2 line judges (for any matches; however, third- and fourth-place, semi-final and championship matches must have certified line judges)

SECTION 6: GENERAL RULES

- The tournament director should administer all meetings pertaining to the tournament.
- The official tournament balls shall abide by the host school state association's approved ball list.
- Host schools must adhere to the host state's playing rules.
- To create the volleyball tournament schedule, a tournament director should visit <https://playpass.com/sports-software/volleyball-schedule-maker>. Before announcing the final bracket and seeding, the host school must check with the charter schools' athletic directors to receive general consensus.
- Participating teams shall notify the school host if any of their players have visual disabilities, and may bring a different ball only with a justification letter from their state association.
- Rally scoring shall be used in all tournament rounds.
- All matches are considered official games.

- A coin toss will take place by each team's designated captains at least 15 minutes prior to the first game of the match. The visiting captain shall call the toss, and the winner may choose to either serve or receive.
- Warm-up time prior to the first game of the match shall be 20 minutes, using the following format:
 - 8 minutes combined warm-ups
 - 6 minutes for visiting team on the net
 - 6 minutes for home team on the net
- After every team has played, the 10-minute warm-up procedure is as follows:
 - 2 minutes combined warm-ups
 - 4 minutes for visiting team on the net
 - 4 minutes for home team on the net

APPENDIX A

ALL-TOURNAMENT TEAM BALLOT

After each match, select one player from your team and two players from the opposing team to be considered for the All-Tournament Team. A designated person will collect the ballot from you.

Your Team:	School:
Jersey #:	Player Name:

Opposing Team:	School:
Jersey #:	Player Name:
Jersey #:	Player Name:

ARTICLE 3: CLERC CLASSIC TOURNAMENT GUIDELINES

SECTION 1: NUMBERS OF TEAMS

- 1.1 A maximum of eight boys teams and eight girls teams may participate in the tournament. The hosting school should try to invite the 2 possible top teams to fill the 8-team consolation bracket.

SECTION 2: PARTICIPANT LIMITS

- 2.1 Each school is allowed to bring up to 38 people, including participants, coaches, managers, and school officials/personnel to the tournament. If a school wishes to add an athletic trainer as its 39th person, approval must be obtained from the host school.

Participants may include:

- *Boys/Girls Basketball Team*: 14 is the maximum number of individuals allowed per team on the team bench, but cannot exceed 10 players.
- *Cheerleading Squad*: 6 cheerleaders, 2 coaches, and 1 drummer/manager
- One athletic director or designated individual

SECTION 3: TOURNAMENT FORMAT

- 3.1 This tournament will use an 8-team consolation bracket, and each team is guaranteed three games throughout the weekend. Each team may play only one game per day. No junior varsity team may participate in the tournament.

SECTION 4: AWARDS

- 4.1 The host school shall present the following awards:
- Team trophies for first through third place and fifth place (consolation champion). The trophies for third and fifth places should be given immediately after each game.
 - Individual medals (14 medals) shall be given to each member of the boys' and girls' championship teams, including coaches and managers.
 - Ten individual awards for players selected to the all-tournament team.
 - The all-tournament team consists of ten players selected by the team's head coach:
 - 2 from the championship team
 - 2 from the second place team
 - 1 from each of the third fourth, fifth, and sixth place teams
 - The third-sixth place teams may each nominate one additional player as an at-large bid.

- The seventh and eighth place teams may each nominate one player as an at-large bid.
- The host school's tournament statistics committee will then vote on the winners of the at-large bids as the ninth and tenth all-tournament player selections.
 - One Most Valuable Player award for each of the boys' and girls' basketball teams. The awardees must be from either of the top two teams in the tournament.
 - The head coach from each of the top two teams shall nominate a player from their team upon the end of the championship game. If there is a tie, the nominee from the winning team will be selected.
- Two championship team banners (3' x 3') with the Clerc logo for the boys' and girls' championship teams.

SECTION 5: GAME PERSONNEL/OFFICIALS

- 5.1 The host school shall provide the following adult personnel per game:
- *Certified officials:*
 - Each tournament game must have at least two officials.
 - Each semi-final and championship game must have three officials.
 - The officials can officiate a maximum of two games per day, but are not permitted to officiate two consecutive games.
 - Officials cannot work for a school that is a participant in the Clerc Classic tournament.
 - 1 scorekeeper
 - 1 scoreboard operator
 - 2 statisticians

SECTION 6: SEEDING PROCESS

- 6.1 Immediately after the tournament, the participating teams' athletic directors will meet to rank the top six teams tentatively for the next Clerc Classic tournament.
- 6.2 The host school will send out team information (see appendix A) to all participating teams the following December to update the rankings. The final bracket must be announced two weeks prior to the tournament's start. Before announcing the final bracket and seeding, the host school must check with the charter school athletic directors for general consensus.
- 6.3 The hosting school will consider the schools that traveled the farthest and time zones when scheduling their first-round game time. However, there is no guarantee of each school's game time; seeding also has a key factor in determining brackets.

SECTION 7: GENERAL RULES

- 7.1 The tournament director will administer all meetings pertaining to the tournament.
- 7.2 The host school will determine game times for the first round.
- 7.3 The host team will provide balls, water containers, cups, and towels for the games.
- 7.4 All games are contested with the use of a shot clock.
- 7.5 The higher-seeded teams (designated as home teams) should be at the top of the bracket and wear light uniforms. The lower-seeded teams (designated as visiting teams) should wear dark uniforms. This should continue throughout the tournament unless determined otherwise via agreement by all coaches.
- 7.6 Introductions of all team members should occur prior to the championship games. All introductions, announcements, and other information will take place in American Sign Language.
 - The national anthem should occur prior to the girls' and boys' championship games.
 - Championship game times will alternate based on odd-numbered years (boys) and even-numbered years (girls)..
 - Pre-game/Halftime Procedures
 - The host school will identify which side the home team and the away team should sit.
 - The official scorer, 10 minutes prior to game tip-off, will record the team roster in the official scorebook. The starting five players will be noted.
 - There will be 10-minute warm-ups between games.
 - The host school will provide at least five balls to each team.
 - Each game will have a 10-minute halftime.

Appendix A

Clerc Classic Team Information

Circle one: BOYS GIRLS

School Name: _____

Last Year's Record: _____

Head Coach: _____

Previous Year's Place: _____

Complete the below for each of your top five varsity players.

Name	Year	Position	Starter	Height	PPG	A/RPG	Honors

Are there any returning All-American players?

If yes, how many? _____

List their name(s): _____

Provide a summary of your team's outlook for this basketball season:

Please email this attachment to (name), (school name) by (when).

ARTICLE 4: WILLIGAN TOURNAMENT GUIDELINES

SECTION 1: NUMBER OF TEAMS

- 1.1 There is no limit to the number of teams that may participate in this tournament, although the number will depend on the availability of housing and facility space at the host school. Deaf wrestlers from mainstreamed programs may also be invited to participate in the individual tournament.

SECTION 2: PARTICIPANT LIMITS

- 2.1 Each school is allowed to bring up to 23 people, including participants, coaches, managers, and school officials/personnel, to the tournament. If a school wishes to add an athletic trainer as its 24th person, the host school must provide approval. Participants include:
- A maximum of 23 individuals may be on the team bench, with no more than 18 being wrestlers
 - One athletic director (or administrator designee)
 - The total number of hearing blind wrestlers cannot exceed 50% of each school's team roster.

SECTION 3: TOURNAMENT FORMAT

- 3.1 The Duals tournament will utilize a round robin format as determined by the host school.
- The host school will work with the commissioner on the order of Duals matches; the commission will then share this final order with all teams.
 - Consideration of the NFHS rules must be acknowledged: wrestlers may wrestle no more than five matches each day.
 - Wrestlers must have a forty-five minutes break before their match.
 - Formats:
 - Six teams: A round robin format will be utilized on Friday.
 - Seven teams: A round robin format will be utilized, with one match on Thursday evening and five matches on Friday.
 - Eight teams: A round robin double split (Pool A and Pool B) will be utilized. Four teams will split into the two pools, with brackets for the top two teams from each pool to determine final standings.
- 3.2 The Individual Tournament may utilize a round robin or bracket format, depending on the number of wrestlers in each weight class.
- Seeding will be based on the result of the Duals Tournament.
 - For a true second place, there will be a wrestleback.
 - Wrestlers must have a forty-five minutes break before their match.

- 3.3 Team points are earned via individual format during the individual tournament. More than one wrestler who shares the same weight class on the same team is allowed; however, only one wrestler per team per weight class is eligible to earn team points.
- 3.4 All wrestlers must represent their schools and wear their school uniforms.
- 3.5 The tournament shall begin in the morning each day so that wrestlers can weigh in during morning hours rather than having to wait until later in the day. Weight scales must be available to all teams at least an hour prior to official weigh-in.
- 3.6 The host school will use Trackwrestling (www.trackwrestling.com) for the Duals and Individual tournaments.

SECTION 4: AWARDS

- 4.1 Team trophies must be provided for the championship, 2nd place, and 3rd place
- Team placement
 - The team with the most wins will determine the order of placement.
 - If two teams are tied, placement will be head to head.
 - If three teams are tied, then the teams will be ranked based on the highest number of pins.
- 4.2 All Individual medals will be given to wrestlers based on the order of team ranking (champion, second place, and third place) for both Duals and Individual tournaments.
- 4.3 Two Most Outstanding Wrestler (MOW) awards will be given, one for the lightweight class (106-145 lbs.) and one for the heavyweight class (152-285). The results will be based on Duals and Individuals, and the coaches of the participating teams will meet to discuss and select the MOWs prior to the finals. If necessary, the selections may be altered after the finals.
- 4.4 There will be an award for Individual Most Pins in the Least Time.
- 4.5 Award presentation:
- The awards ceremony shall be held immediately after each tournament.
 - The awards for the Duals tournament shall be given immediately after the last dual match.
 - The awards for the Individual tournament shall be given after the championship and wrestleback matches.

SECTION 5: GAME PERSONNEL/OFFICIALS

- 5.1 Wrestling officials shall be members the host state high school association and in good Standing.
- 5.2 The host school shall provide an official scorekeeper for each match during the tournament.
- 5.3 The host school is responsible for all officials working during the tournament.
- 5.4 The number of wrestling officials shall remain the same throughout Dual matches.
- 5.5 The host school shall provide an athletic trainer for all matches.
- 5.6. Blood Kit/Communicable Disease procedures must be used throughout the tournament.

SECTION 6: GENERAL RULES

- 6.1 Every School must enter their team roster with alpha via trackwrestling by the beginning of the season.

ARTICLE 5: HOY CLASSIC GUIDELINES

SECTION 1: NUMBER OF TEAMS

- 1.1 The Hoy Tournament is open to any Deaf school.
- 1.2 Tournament Format:
- A five-team tournament will play in a round-robin format.
 - A six-team tournament will be divided into two pools and a bracket will be set up after the completion of pool play.
 - The teams will play in their pools, and the standings will determine the brackets. The first-place teams in both pools will have a bye in the bracket.
 - The second place of Pool A will play the third place of Pool B, and the second place of Pool B will play the third place of Pool A.
 - The winner of the first bracket round will play the first-place teams based on the seeding; see Appendix A.

SECTION 2: PARTICIPANT LIMITS

- 2.1 Each school is allowed to bring up to 20 people, including participants, coaches, managers, and school officials/personnel to the tournament. If a school wishes to add an athletic trainer as its 21st person, the host school must provide approval.

SECTION 3: TOURNAMENT FORMAT

- 3.1 BASEBALL
- Each round robin, pool play, or bracket game will have five innings *or* 1 hour and 45 minutes (no new inning can start after 90 minutes).
 - There shall be a running clock at the stats table.
 - A mercy ruling will be called (3rd inning/15 runs, 4th inning/12 runs, and 5th inning/10 runs during round robin. format is in play, there will be no extra innings.
 - Extra innings are allowable for bracket play, and the international tiebreaker rule should be used.
- 3.1.1 The championship game will last seven innings with no time limit.
- 3.1.2 On the first day, a round robin format will be used for the first two games each. On the second day, the third and last round robin game will be played.
- There will be no playoffs.

- Each team's record in round robin play will determine the championship team and ranking of the top five teams.

3.1.3 Team order will be based on various factors:

- The team with the most wins will be ranked first, the team with the next most wins will be second, and so forth.
- In the event of a tie between two teams, they will be head-to-head.
- If three teams are tied, the team with the lowest number of allowed runs will be ranked the higher team.
- If there is no tiebreaker, a coin flip will break the tie between two teams.

3.1.4 The starting pitcher and any new pitcher inserted into the game will be allowed five warm-up pitches and three warm-up pitches for the subsequent innings.

3.1.5 Baseball Pitch Count Rule (see chart)

Hoy Tournament Pitch Count & Rest

0 Day	1 Day	2 Days	3 Days	4 days
1-25	26-45	46-60	61-75	76-105

NOTE: Pitcher can finish the batter once at 105 pitches, but cannot exceed 110 pitches.

3.2 SOFTBALL

- Each game, excluding the championship game, will be played for seven innings or 90 minutes, whichever takes place first; a new inning cannot start if there are 10 or fewer minutes remaining in the game.
- There shall be a running clock by the stats table.
- A new inning cannot start when there are 10 or less minutes that remain in the game.
- The mercy rule is 3 innings/15 runs, 4 innings/12 runs, or 5 innings/10 runs for round robin only.
- No extra innings may be played aside from bracket games.
- Each team will be labeled at least once as the home team in pool play.
- The higher seeded team will be the home team in bracket play.

3.2.1 The six participating teams will be divided into two pools.

- The teams that placed first, fourth, and fifth in the previous Hoy Tournament will be in one pool, while the other pool will consist of the teams that placed second, third, and sixth place in the previous Hoy Tournament.
- Teams will play in their pools and have the standings determine brackets for the first day.

- The first-place teams of both pools will have a bye in the bracket.
- The second-place team of Pool A will play the third- place team of Pool B, and the second-place team of Pool B will play the third-place team of Pool A.
- The winner of the first round of the bracket will play the first-place team based on the seeding.
- The mercy rule will be in effect.

3.2.2 Only the head umpire can make a decision regarding the weather and stoppage of the game after consulting with the host athletic director and the Hoy Tournament commissioner.

3.2.3 No game can start earlier than 8:00 a.m., depending on weather.

SECTION 4: AWARDS FOR BOTH BASEBALL AND SOFTBALL

4.1 The awards ceremony shall be held immediately after the final championship game.

4.2 The Most Valuable Player (MVP) award shall go to a player from either of the top two teams.

4.3 Each head coach of the top two teams of the tournament shall nominate a player from their team.

4.4 The All-Tournament Team shall consist of ten players:

- Three from the championship team
- Two from the second-place team
- Two from the third-place team
- One from the fourth-place team
- One from the fifth-place team
- One from the sixth-place team

4.5 Team trophies will be awarded to the top three teams.

4.6 The baseball and softball champions shall be presented with a 3' x 3' banner.

SECTION 5: GAME PERSONNEL/OFFICIALS

5.1 The host school is responsible for providing officials, an official scorer, field cleaning crew, pitch count monitor for baseball, and timer for each game.

5.2 Game officials shall be members of the host state high school association and in good standing.

- 5.3 The host school is responsible for all officials working during the tournament.
- 5.4 The host is responsible for sharing the tournament format/guidelines with the umpires of each game.

SECTION 6: SEEDING PROCESS

- 6.1 Immediately after the tournament, athletic directors will meet to rank the top six teams for the next Hoy Tournament. This seeding will be revisited that following mid-March before announcing the final seeding.

SECTION 7: GENERAL RULES

- 7.1 It is each school's responsibility to have its team ready for warm-up.